# Anti-Sexist Practices V

Anti-Sexist practices take place every day, are part of the daily resistance as well as the daily reactions and interventions of individuals. Anti-Sexist practices refer also to the support of persons targeted by sexism and sexualized violence, based on the concepts of partiality and the power of naming by the targeted person. Along with preventive work and campaigns, it refers to actions against the sexist media, or actions directed toward the empowerment of Anti-Sexist politics.

The conference offers a place for exchange and for reflections concerning past, present and future Anti-Sexist practices. In addition, there will be room for exchange and networking about the daily forms of sexism which we are exposed to, how we can confront them, how we can further empower ourselves, and how we can attack the relationships of power themselves.



# conference

# 14<sup>th</sup>-16<sup>th</sup> September 2012 in Berlin

FRIDAY 19.00 -22.00 pm

**OPENING** 

### **RECEPTION + INFO**

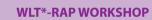
READING

Encounters on the trans\*floor

by authors of the publishing collective sternchen & steine

Multilayered short stories and drawings tell of the akward moments of trans\* life. From the perspective of autonomous / anarchist / queerfeminist trans\*people and their communi ties. A book with stories and pictures you are welcome to laugh about – although the protagonists didn't have much to laugh about in some of the situations.

In german language; open to all gender..



A workshop with a short theoretical introduction and a lot of exercise. By sookee. Open to wlt\* Maximum of 15 participants. Registration from September 7th via email: antisexistische-praxen@ riseup.net.

### SATURDAY 15.30 -17.30 pm

### **NETWORKING**

Because the networking of activists and persons with interest in Anti-sexist practices is one of the most important bases for their continuation and development, there will be again a special segment for networking. Here, small groups can gather in regard to particular subjects and talk about possible networks. The suggestions for these should be developed in the course of the conference and will be advertised on an information board.

These subjects can be anything based on which you want to form a group or would like to gather with other groups and individuals. We also want this segment to be a space for all participants to talk about the conference and to share their thoughts.

### **ACTION WORKSHOP**

"Keep your rosaries off my ovaries" - action workshop against the "march for life"

Christian fundamentalists are organizing a "march for life" for september 22 in Berlin which supports a total ban on abortions. As in the recent years we don't want to let them demonstrate without counter protests. For that matter we will meet and prepare our powerful, diverse and funny protests: we will paint banners, signboards and whatever the outcome of your ideas is.

Open to all gender.

You'll find further information on the counterprotests on http://no218nofundis.wordpress.com.

# Workshop-Phase I

SATURDAY 10.00 - 11.30 am

TRANS\* – TRANSPHOBIA – BEGINNING AND ADVANCED TRANS\* SUPPORT

open to all gende

The term "trans" has been buzzing around the left community for a while now, but people still don't know quite what to do with it, or they see it as "only" being a criticism of the binary gender system. Others have trans\* people in their lives and are often not sure how to handle their interactions with them. If you'd like to learn something about trans\*, know what transphobia actually is and how it manifests itself, and if you wonder how you can actively engage in solidarity with trans\* people, then this is the right workshop for you.

# WILDWASSER BERLIN – SELF-HELP GROUPS AND COUNSELLING FOR WOMEN AND TRANS\* PEOPLE WHO SURVIVED SEXUAL VIOLENCE AS A CHILD OR WHO SUSPECT IT

Wildwasser open to wh

Based on a description of Wildwasser Berlin's women's section's approach to self-help and counselling (survivor-controlled approach), we would like to discuss the following questions with you: why is self-help work political? Beyond the classic assistance programs, what other ways of handling the experience of childhood sexual violence are there for adults? What could help the survivor develop a feeling of self-determination and empowerment while dealing with the survived violence?

# CURRENT CHALLENGES OF ABORTION AND OTHER REPRODUCTIVE RIGHTS IN ENGLAND AND GERMANY

open to all gen

Internationally abortion and other reproductive rights are competitive fields. In Germany and England as well those rights are being discussed, challenge and changed. We want to discuss the situation and think about emancipatory counter strategies with activists from both countries. How can we defend already existing rights, but also fight for more self-determination of one's body and life?

The event takes place in the context of the protests against the "march for life" on september 22. You'll find further information on http://no218nofundis.wordpress.com.

### MY TURNTABLE IS MY FAVORITE GENDER! (PART1)

by Lindas Tante

open to wlt\*

The workshop is for everybody, who is curious to check out the basics of djing with vinyl. We will set up the Dj-equipment together and then learn and try out spinning records: How do beatmatching and beatmixing work? And how do I combine my music in a nice Dj-set? We will work with vinyl and a digital vinyl system. Bring your music as mp3s! Maximum of 6 participants.

# A CRITICAL LOOK AT RACISM AND WHITENESS IN THE LEFT-WING (QUEERFEMINIST) POLITICAL PRAXIS

Chandra & Claude

for white positioned people of all genders

This workshop will be about the discussion, reflection and naming of racism and whiteness on a personal and theoretical level, as well as their meaning to left-wing and queerfeminist contexts. There will be inputs, films equences, biography work and discussions plus first steps towards ways of action.

Chandra and Claude, both educationworkers, politically active, Person of Colour and White positioned.

SATURDAY 12.00 - 14.00 pm

Workshop-Phase II

# IN-DEPTH DISCUSSION REGARDING OUTLYING QUESTIONS IN TRANS\* CONTEXTS AND "LEFTIST SPACES"

open to all gende

At the "trans" talk", we were able to only briefly touch upon some topics; for ex. options for "door policies" in spaces for women, lesbians, and trans" people. We would like to provide a space for this question and invite you to share your ideas, concerns and experiences with us. One topic which is not up for discussion is the accessibility of women's spaces for female trans individuals – we assume that this has already been accepted. Another issue which we would like to look into more deeply, is the practice of using other terms instead of "women" or "men". This workshop would be more easily accessible by the participants, if they first attend the basic workshop on trans\*, it is however not a prerequisite.

# A DISCUSSION FOR SURVIVORS OF SEXUAL VIOLENCE ABOUT DEALING WITH THEIR OWN SEXUALITY

Wildwasser

by survivors for survivors, wlt\* onl

We would like to use this workshop to open up a space for questions about your own sexuality, taking into consideration the violence you have experienced. We invite you to engage with us in self-determined and empowering reflection, and to participate in an exchange with others which could in turn help you to come closer to finding your own answers. We will begin all together at first, then we will divide into smaller, theme-based groups and at the end we will come back together for the final discussion. Max. 20 participants.

### SUPPORT IN THE OWN COMMUNITY

sk Gerd\_a

open to all gende

In this WS we want to talk about possibilities how one can support people in one's own commuities, review what is important in concrete support-situations and how the needs of the affected person and one self can be balanced. Furthermore we want to have a look at which centers offer help and how different tasks can be split so that the power of definition and partiality are given by all means.

### MY TURNTABLE IS MY FAVORITE GENDER! (PART 2)

by Lindas Tante

open to wlt\*

### **DEALING WITH FEM/ME/ININITY**

open to Femme

A workshop to empower femmes in dealing with their own and other peoples attitudes towards fem/me/ininity. A workshop about quarreling with sexist structures and norms of femininity. About visibility and appreciation. Let's be creative.

SATURDAY 19.00 - 21.00 pm

Workshop-Phase III

# COMBINING POWER OF DEFINITION (POD) AND COMMUNITY ACCOUNTABILITY (CA)

ask Gerd\_a

open to Black people, People of colour, white people

POD as well as CA are concepts of empowerment. Whereas POD – as a concept of the white-german WomynLesbianTrans\*-Movement – is focused on sexist violence, CA is an approach of Black feminists from the US to oppose interlaced power relations (race-class-gender). While looking at both concepts, we are trying to figure out how we can develop antisexist/awareness-work further so that it considers complex power-relations and related forms of discrimination. How do we as supporters stay "accountable"? It will be an open round of discussion, other inputs are emphatically welcome. As an introduction ask gerd\_a will give some reflections. Ask gerd\_a does support work according to the concept of POD, it consists of people with all genders who are positioned white and mostly have academic backgrounds.

# SEXISM AND MUSIC. EXCHANGE OF EXPERIENCES AND STRATEGIES OF INTERVENTION

open to flt\*

Our workshop addresses flt\* musicians, dj\_anes, concert-organizers, sound technicians and everyone who actively participates in various musical scenes and negatively experiences sexism in these fields. We want to talk about our goals, what we love, what makes us angry, how we deal with sexism or how we would like to deal with it and what empowerment could mean

### **FILM SCREENING: AUDRE LORDE**

open to all gender

"Audre Lorde – The Berlin years 1984 to 1992" conveys the contributions of Audre Lorde onto the german discourse about racism, sexism, antisemitism, classism and homophobia. The movie puts a focus on Audre Lordes relationship towards the german Black diaspora and her literary and political impact. It's about the beginning of the afro-german and antiracist movement as well as about it's interventions into the dominant german white feminist movement and the demand to deal with their own racism. Protagonists of the movie are requested.

### **FILM SCREENING: UNITED IN ANGER**

open to all gender

United in Anger (2012) tells the story of the AIDS activist movement ACT UP from the perspective of the people fighting the epidemic. The documentary shows current interviews with members of ACT UP as well as archival footage of major actions from all across the United States (Seize Control of the FDA, Stop the Church, Day of Desperation, ...) with a timeline of many of the other zaps and actions that forced the U.S. government and mainstream media to deal with the AIDS crisis. After the screening of the film there will be room for discussions – moderation but no further input will be provided.

# Workshop-Phase IV

SUNDAY 10.00 - 12.00 am

### IN\_CONTACT\* - EMPOWERMENT WORKSHOP (PART 1)

by queer-feminist-bodypolitics-collective in formation

en to wlt\*

Contact – this is the topic of this workshop. Using exercises, we will work on body awareness, stability, boundaries, needs-awareness, communication and motion. We would like to open up a space for meeting, creating, moving, touching, talking, lying down, questioning, experiencing, exchanging, writing, supporting, listening, making breaks. Bring with you: Snack, drink, cozy clothes, blanket, writing-stuff... Please come on time, that we can open up a concentrated space.

Max. 20 participants. Registration via email: dragoninfly@riseup.net; workshop-language is german, if requested: english/sign language.

### **SELF-PUBLISHING! ZINES, BLOGS & MORE!**

By Lisa & Touf

open to all gender

Possibilities will be shown how you can easily publish your drawings, texts, comics, stories and any kind of other stuff that you create - on paper & the internet. Afterwards everyone -who feels like it- can make their own zines (material will be there, bring what you can find at home though) or design their own blogs (there will be 2 laptops available). Meanwhile the rest can look through the many (mostly English) zines & find inspiration. Open to all genders! Translation to English is possible!

# PRACTICE OF THE CONCEPT OF CONSENT FOR PROGRESSING PEOPLE

by Hildegard

open to 8 femininitie

Choice of words, agreement of action, contact exercises: certain about what comes into play! Comfortable clothing is helpful, something that makes you feel safe and that you can hold onto when something affects you as well. Participation is ideally optional. Leaving the play area is welcomed, boundary violations on the other hand a taboo. Maximum of 8 participants.

# RECLAIM YOUR BRAIN – FOR A POLITICAL CULTURE OF MINDFULNESS

by 8same aktion

15.00 h

open to all gender

How can I deal with difficult situations and emotions in political work? How can I be politically active (in the long term) without burning out? How can I change my habitual reactions, normative thoughts and dualistic thinking? We would like to present the practice of mindfulness as a political attitude and form of action. Mindfulness and meditation are a training of awareness for us that leads to clarity and stability. They are an integral part of our political work. More information: www.8sameaktion.wordpress.com
In german language

**SUNDAY 13.00 - 15.00 pm** 

## Workshop-Phase V

IN\_CONTACT\* - EMPOWERMENT WORKSHOP (PART 2)

see before

# IN OUR HANDS: COMMUNITY ACCOUNTABILITY FOR SEXUAL VIOLENCE

Transformative Justice

pen to all gende

'Community Accountability' is a framework developed by organizations in the U.S. like INCITE! Women of Color Against Violence and CARA for holding perpetrators of oppressive or violent behavior responsible through a process organized by communities, outside of police, criminal justice, and other State institutions that perpetuate violence and oppression. It imagines integrated support, prevention education, political activism, and perpetrator work. http://www.transformativejustice.eu/

### STUDIES OF A TRANS-VERSAL FEMINISM

by June, a racialised trans-activist

open to all gender

This study looks at the specific characteristics, issues and difficulties that follow a racialised and male trans person throughout the course of their life inside the French feminist and anarchist queer community(ies) and will focus on the following questions: How is it possible to construct a trans masculinity as a feminist and as a racialised person? Which forms of racism do exist in those communities? Which avenues could possibly lead to alliances and solidarity?

### **RIOT NOT DIET**

by Oriel

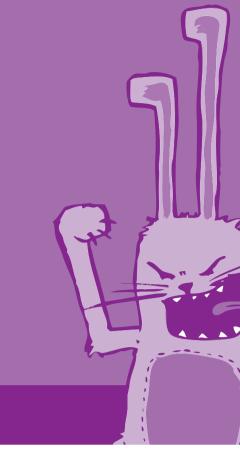
open to wlt\*

How shame can grow to rage and intolerance to solidarity. Billboards that show us what is beautiful, normal and desirable are placed on every street corner. Discrimination due to one's body is violent and present in everyday life. What does "being beautiful" do to us? How can a critique of lookism be implemented in practice? And how can personally being affected turn into action? The workshop wants to increase awareness towards discrimination and privileges due to body-characteristics and offer room for an exchange of experiences, ideas for actions and networking.

# CONTACT INFORMATION

Latest changes (for instance the schedule of the workshops) and additions you will find on the website: antisexistische-praxen.site36.net

Email for questions, demands, needs, offers for support etc.: antisexistische-praxen@riseup.net



# **SETTING**

The conference will take place from the 14th to the 16th of September 2012, and will contain different formats: workshops, panel discussion, films and a phase for networking. The Workshops will take place in the SFE (School for Adult Education) at the Mehringhof (Gneisenaustraße 2a, Berlin-Kreuzberg). The rooms are **barrier-free** and are accessible via an elevator, which will be operated by a person with the needed keys.

The conference is **open to all genders**. Single workshops may be accessible only for people with a particular social positionality or with specific experiences, for instance particular genders, people, who are targeted by racism, or people who have been subjected to sexual violence. It is also possible that some workshops will partly consist of specific working segments, in which people will work together in small groups on the grounds of their social positionality or particular experiences.

At the conference there will be **special rooms for support and for retreat**, so that it is guaranteed that a person, who is not feeling good will get backup and support by just being with the people present there or just by talking to them. In addition, there will be rooms for women\_lesbian\_trans\*\_identified persons and People of Color only, in which people with similar particular social positionality or specific experiences can gather.

So that **everyone feels comfortable** at the conference, it is very important that all individuals act consciously and are accountable for their privileges and structures of power on one hand, and are sensitive to the limits, needs and vulnerabilities of other people on the other hand. People who do not act to this principle will be expelled from the conference. People employed by the police or other institutions of repression are also unwelcome.

Due to our limited capacities we are primarily organizing the conference itself. If there is a need for **accommodation** we will organize sleeping places on demand. Getting to the conference must be individually taken care of. There is a possibility that subsidies for travel expenses will be organized at the conference itself via donations. This year, we will organize interpreters for sign language as well as for different spoken languages. Additional needs for translation will be taken care of at the conference itself. Most workshops will be presented in German, some will be presented in English. Unless otherwise noted registration for workshops with a limited number of participants will take place at the conference.

There will be a special room and activities for "children", so that persons to whom they are related will have the possibility to take part at workshops by themselves. At the conference drinks and food will be taken care of.

# **SUMMARY [WORKSHOPS]**

Please keep in mind that some workshops are only accessible for persons with a <u>particular</u> social positionality or with specific experiences (see above).

### 19.00 h Reception + Information 20.00 -**READING** Encounters on the trans\*floor It\*-rap-Workshop 22.00 h Wildwasser Berlin trans\* – transphobia – trans\*-Current challenges of abortion Myturntable is my favorite gender! A critical look at racism and **PHASE I** .and other reproductive rights Self-help groups & counselling (Part 1) whiteness 10.00 for women and trans\* people in England and Germany who survived sexual violence as 11.30 h a child or who suspect it In-depth discussion regarding Dealing with Fem/me/ininity A Discussion regarding sexuality Support in the own community My turntable is my favorite gender! **PHASE II** "trans\*" and "leftist spaces" for survivors of sexual violence (Part 2) 12.00 -14.00 h 15.30 -Actionworkshop against the "march for life" Networking, infos and state of affairs 17.30 Definition and Sexism and Music Film screening: Audre Lorde Film screening: United in Anger **PHASE III** Community Accountability 19.00 -21.00 h PHASE IV 10.00 -12.00 h Self-Publishing! Zines, Blogs & Practice of Consent in\_contact\* Reclaim your brain Community Accountability Studies of a trans\*versal Riot not Diet in\_contact\* PHASE V (Part 2) Feminism 13.00 -

# **SCHEDULE**

FRIDAY, SEPT 14<sup>™</sup>,2012

19.00 - 20.00 Reception + Information

0.00 – 22.00 Workshop

SATURDAY, SEPT 15<sup>™</sup>

09:30 – 10.00 Arrival + Information 10.00 – 11.30 Workshop-Phase I

11.30 – 12.00 Break **12.00 – 14.00 Workshop-Phase II** 

00 – 15.30 Lunch--Breaak

15.30 – 17.30 Networking;

Action workshop against

the "march for life"

19.00 – 21.00 Workshop-Phase III

**SUNDAY, SEPT 16**<sup>TH</sup> **2012**9 30 - 10 00 Arrival + Information

**10.00 – 12.00 Workshop-Phase IV** 12.00 – 13.00 Lunch-break

**13.00 – 15.00 Workshop-Phase V**15.00 – 16.00 Closing plenum

SATURDAY + SUNDAY CONTINUOUS BUFFET

Chill Out

### ADDRES

**SFE at Mehringhof:** Gneisenaustr. 2a, 2nd backyard right stairway, 3rd floor; subway station Mehringdamm (U6; U7)